































NOVEMBER 2009 Lunch Menu - ELEMENTARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Low Fat Mini Turkey Corn Dogs Bean & Cheese Burrito </p> <p><i>Optional Weekly Entrée *</i></p> <p>Peas Seedless Red Grapes Chilled Orange Juice</p>	<p>3</p> <p>Whole Grain Breaded Chicken Sandwich </p> <p>California Nachos </p> <p><i>Optional Weekly Entrée *</i></p> <p>Fresh Jicama Sticks with Lime Wedge Oven Roasted Potato Wedges Chilled Apple Juice</p>	<p>4</p> <p>Italian Calzone with Turkey Pepperoni Tostada Fiesta Salad </p> <p><i>Optional Weekly Entrée *</i></p> <p>Whole Kernel Corn HOTM: Fresh Baby Carrots Peach Cup Chilled Apple Juice</p>	<p>5</p> <p>Breaded Chicken Nuggets </p> <p>Oven Baked Cheese Pizza </p> <p><i>Optional Weekly Entrée *</i></p> <p>Sweet Potato Sticks Chilled Pears Chilled Orange Juice</p>	<p>6</p> <p>Spaghetti & Meatballs Toasted Cheese Sandwich </p> <p><i>Optional Weekly Entrée *</i></p> <p>Crisp Broccoli Bites with Dip Chilled Applesauce Chilled Orange Juice</p>
<p>9</p> <p>Red Chile Beef & Bean Burrito Peanut Butter & Jelly Pocket  </p> <p><i>Optional Weekly Entrée **</i></p> <p>Corn on the Cob Seedless Red Grapes Chilled Orange Juice</p>	<p>10</p> <p>Sliced Pepperoni Pizza Vegetarian Chili with Tortilla Chips </p> <p><i>Optional Weekly Entrée **</i></p> <p>Zucchini Sticks Orange Citrus Smiles Chilled Apple Juice</p>	<p>11</p> <p>VETERANS DAY</p>	<p>12</p> <p>Parmesan Lasagna Garden Salad with Egg & Saltines </p> <p><i>Optional Weekly Entrée **</i></p> <p>Fresh Baby Carrots with Dip Chilled Peaches Chilled Orange Juice</p>	<p>13</p> <p>Fish Filet Sandwich with Cheese </p> <p>Macaroni Au Gratin </p> <p><i>Optional Weekly Entrée **</i></p> <p>Oven Baked Crinkle Cut Fries Fresh Pineapple Chunks Chilled Orange Juice</p>
<p>16</p> <p>Low Fat Mini Turkey Corn Dogs Bean & Cheese Burrito </p> <p><i>Optional Weekly Entrée *</i></p> <p>Peas Seedless Red Grapes Chilled Orange Juice</p>	<p>17</p> <p>Whole Grain Breaded Chicken Sandwich </p> <p>California Nachos </p> <p><i>Optional Weekly Entrée *</i></p> <p>Fresh Jicama Sticks with Lime Wedge Oven Roasted Potato Wedges Chilled Apple Juice</p>	<p>18</p> <p>Italian Calzone with Turkey Pepperoni Tostada Fiesta Salad </p> <p><i>Optional Weekly Entrée *</i></p> <p>Whole Kernel Corn HOTM: Fresh Baby Carrots Peach Cup Chilled Apple Juice</p>	<p>19</p> <p>Breaded Chicken Nuggets </p> <p>Oven Baked Cheese Pizza </p> <p><i>Optional Weekly Entrée *</i></p> <p>Sweet Potato Sticks Chilled Pears Chilled Orange Juice</p>	<p>20</p> <p>Spaghetti & Meatballs Toasted Cheese Sandwich </p> <p><i>Optional Weekly Entrée *</i></p> <p>Crisp Broccoli Bites with Dip Chilled Applesauce Chilled Orange Juice</p>
<p>23</p> <p>Red Chile Beef & Bean Burrito Peanut Butter & Jelly Pocket  </p> <p><i>Optional Weekly Entrée **</i></p> <p>Corn on the Cob Seedless Red Grapes Chilled Orange Juice</p>	<p>24</p> <p>Sliced Pepperoni Pizza Vegetarian Chili with Tortilla Chips </p> <p><i>Optional Weekly Entrée **</i></p> <p>Zucchini Sticks Orange Citrus Smiles Chilled Apple Juice</p>	<p>25</p> <p>Charbroiled Beef Patty on Whole Wheat Bun </p> <p>Garden Veggie Burger with Cheese  </p> <p><i>Optional Weekly Entrée **</i></p> <p>Crisp Baked Potato Rounds Fresh Cut Cantaloupe Chilled Apple Juice</p>	<p>26</p> <p>THANKSGIVING DAY HOLIDAY</p>	
<p>30</p> <p>Low Fat Mini Turkey Corn Dogs Bean & Cheese Burrito </p> <p><i>Optional Weekly Entrée *</i></p> <p>Peas Seedless Red Grapes Chilled Orange Juice</p>	<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>Daily Milk Options: 1% White, 1% Strawberry, FF Chocolate, or FF Lactose Free  = Represent Vegetarian Entrée  = Represent Whole Grain Condiments Available: Ketchup, Mayonnaise, Mustard, Taco Sauce, Hot Sauce Salad Dressings Available: 1,000 Island, Caesar, French, Italian, Ranch, Asian Sesame</p> <p>WEEK OF: 11/02, 11/16 & 11/30 <i>*Optional Weekly Entrée:</i> Deli Sub on Wheat and/or Café LA Tossed Garden Salad WEEK OF: 11/09 & 11/23 * <i>*Optional Weekly Entrée:</i> Turkey Breast & Cheese on Wheat and/or Farmers Market Salad Menus are Subject to Change</p> </div> </div>			

