

January 2011

Breakfast Menu -ELEMENTARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Whole Grain Pancakes & Chicken Hoagie Variety of Cereal* Chilled Juice	4 Bean & Cheese Burrito Variety of Cereal* Chilled Juice	5 Breakfast on a Stick Variety of Cereal* Chilled Juice	6 English Muffin with Egg & Cheese Sandwich Variety of Cereal* Seasonal Fruit or Chilled Juice	7 Café LA Signature Coffee Cake with Baby Carrots Variety of Cereal* Seasonal Fruit or Chilled Juice
10 Vanilla Pan Dulce Variety of Cereal* Chilled Juice	11 Maple Whole Grain Waffle Variety of Cereal* Chilled Juice	12 Vegetarian Italian Bagel Variety of Cereal* Chilled Juice	13 Peanut Butter & Jelly Pocket with Baby Carrots Variety of Cereal* Seasonal Fruit or Chilled Juice	14 Mini Sausage Roll with Hash Brown Potatoes Variety of Cereal* Seasonal Fruit or Chilled Juice
17 MARTIN LUTHER KING JR. HOLIDAY	18 Bean & Cheese Burrito Variety of Cereal* Chilled Juice	19 Breakfast on a Stick Variety of Cereal* Chilled Juice	20 English Muffin with Egg & Cheese Sandwich Variety of Cereal* Chilled Juice	21 Café LA Signature Coffee Cake with Baby Carrots Variety of Cereal* Seasonal Fruit or Chilled Juice
24 Vanilla Pan Dulce Variety of Cereal* Seasonal Fruit or Chilled Juice	25 Maple Whole Grain Waffle Variety of Cereal* Seasonal Fruit or Chilled Juice	26 Vegetarian Italian Bagel Variety of Cereal* Seasonal Fruit or Chilled Juice	27 Peanut Butter & Jelly Pocket with Baby Carrots Variety of Cereal* Seasonal Fruit or Chilled Juice	28 Mini Sausage Roll with Hash Brown Potatoes Variety of Cereal* Seasonal Fruit or Chilled Juice
31 Whole Grain Pancakes & Chicken Hoagie Variety of Cereal* Seasonal Fruit or Chilled Juice	<p>Have a Healthy and Nutritious New Year 2011</p> <p> = REPRESENT VEGETARIAN ENTRÉE = REPRESENT WHOLE GRAIN</p> <p>Milk offered at each meal: 1% White, FF Strawberry, FF Chocolate, or FF Lactose Free</p> <p>*Variety of Cereal – Multigrain Cheerios, Toasted Oats, Frosted Flakes, Mini Wheats</p> <p>Available: Grape Jelly, Strawberry Jam, Honey, Syrup</p> <p>Menus are Subject to Change</p>			31